

# Fitness Park Trailhead

## Greenbelt Attractions

Boatyard Riverfront Park		2.7 miles
Cloud Park		1.7 miles
Downtown Kingsport		0.7 miles
Exchange Place Living History Farm & Museum		4.9 miles
Netherland Inn Historic Site & Museum		3.1 miles
Tilthammer Shoals/Mouth of Reedy Creek		2.0 miles
Wetland Boardwalk		2.9 miles

NO MOTORIZED VEHICLES



*Please be considerate of other trail users*

## Trail Rules:

- Ride, walk, or skate to the right. (Allow others to pass on the left)
- Be considerate of others. Ride, walk or skate no more than two across. Stay off private property. Abide by all noise ordinances.
- When bicycling or skating, warn those around that you are passing from behind. Yield to pedestrians. Maintain speed appropriate to conditions. Maintain control of equipment at all times.
- Children using the trail should be accompanied by an adult.
- Use pathways only during daylight hours. (Park open dawn to dark).
- Leave vegetation undisturbed and protected.
- Keep pets on a short leash and properly dispose of their feces.
- Deposit all trash in litter receptacles.
- The possession of alcoholic beverages or illegal drugs is prohibited.
- Hunting, open fires, horses, unauthorized drones, selling of goods or merchandise without permission and motorized vehicles are prohibited.
- Help protect the wildlife by not feeding, touching or disturbing any animals. Keep the Wildlife Wild.
- Refrain from using tobacco products or electronic cigarettes.

